

EquiHeart

Guided Horsemanship Activities

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Clothing Requirements

The Equine Encounter is conducted at a horse farm and all activities are in: an arena, round pen, barn grooming area, or paddock. For your safety, protection and comfort at the farm and with the horses, it is important that you dress appropriately. The following guidelines in clothing must be followed in order to actively participate in The Equine Encounter.

1. Wear boots or other hard soled shoes, preferably ones that cover the ankle. If it has rained or is raining, there will be muddy areas to walk through. Sturdy shoes provide better protection in the event of being stepped on by a horse. **DO NOT** come to the barn with sandals, open toe or open back shoes, or dress shoes with heels. Even sneakers are not recommended.
2. Dress for the weather and anticipate more extreme conditions at the farm. There may be wind or light rain during a session. It is best to wear layers to add to or take off as the weather changes. Gloves and a hat are recommended in cold weather. A cap, sun visor and sun screen, and insect repellent are recommended in warm weather. Please note there are no extra jackets, boots or other clothing available at the barn.
3. Wear jeans, riding pants, or other long pants. **DO NOT** wear shorts, cropped pants, midriff shirts, baggy or extremely loose pants or shirts.
4. Please remove all protruding or large jewelry on hands, wrists, ears or face before your Encounter.
5. During some activities, you may be required to wear a safety helmet. If you own one, please bring it if you are requested to do so. Some helmets may be available at the barn.